



Lancaster 5 km Race Series 2008

All races start at 6.30 p.m. on Saturday
Entry fee per race: £3.50 Attached, £5.50 Unattached
(£1 extra on the day)

Venue: Lancaster & Morecambe AC Club House,
Salt Ayre Leisure Centre, Lancaster

Race dates:

- ① 31st May
- ② 28th June
- ③ 26th July
- ④ 30th August
- ⑤ 27th September

- ★ All races under UK Athletics Rules ★ Generous donations to local charities ★
- ★ Race Series t-shirt to those competing in all five races ★
- ★ Awards for all finishers in all events ★
- ★ Minimum prize list for each event: First 3 Men, First 3 Women ★

----- Please tick the races you are entering and detach here -----

LANCASTER 5 km RACE SERIES 2008

31st May <input type="checkbox"/>	28th June <input type="checkbox"/>	26th July <input type="checkbox"/>	30th August <input type="checkbox"/>	27th September <input type="checkbox"/>
OFFICE USE ONLY	OFFICE USE ONLY	OFFICE USE ONLY	OFFICE USE ONLY	OFFICE USE ONLY

Surname:..... Address:.....

First Name:.....

Date of Birth:.....

Age on Race Day:..... Gender: M F Postcode:.....

UKA Affiliated Club:..... Telephone:.....

e-mail:.....

I declare that I am an amateur as defined by UK Athletics Rules. I certify that I am fit to run and understand that the organisers will in no way be held responsible for any injury or illness to myself or for the loss or damage to my property during the event.

Signed:..... Date:.....

Entries to: W. Gardner, 58 Sibsey Street, Lancaster, LA1 5DF. Telephone: 01524 60537
Cheques payable to: **Race Series**. Please enclose a S.A.E 9"x6" for race number and race information.
Please ensure you have enclosed the correct fee.
Closing date one week prior to race date.